

Proshanti UK Juri Upazila Health Complex Antenatal Care Protocol

- TRIGGERS FOR DOCTOR REVIEW**
1. PERSISTENTLY RAISED BP
 2. PROTEINURIA
 3. GLUCOSURIA OR CLINICAL FEATURES OF DM
 4. HB < 50%
 5. REDUCED FETAL MOVEMENTS
 6. HBSAg/VDRL +ve
 7. ANY CAUSE FOR CONCERN

1st ANC visit

- midwife/FWV
- to occur as soon as patient suspects pregnancy (<16 weeks)

Clinical Review and Examination

- General Health
- Weight
- BP
- Urinalysis

Investigations

- Hb
- Blood Group
- VDRL
- Blood Sugar

Patient education

Initial task

- Confirm pregnancy
- Give information regarding Proshanti Programme and consent patient for inclusion

?!Primigravida!?
see separate protocol

IN THE CASE OF THE HIGH RISK PATIENT, AN **INDIVIDUAL ANC MANAGEMENT PLAN** SHOULD BE DISCUSSED WITH DR KAMARUZZAMAN

Yes

- ?!High Risk Pregnancy!?**
- Previous abortion
 - Previous neonatal death
 - Previous eclampsia/ pre-eclampsia
 - Previous IUGR
 - Primary infertility for >6/12 prior to preg
 - Age <17 years, > 35 years
 - Previous complications of labour leading to emergency C/S
 - Multiple pregnancy

No

2nd ANC visit

- 16-24 weeks
- **Doctor** and midwife
- Risk assessment and clinical review to include
 - BP
 - ankle swelling
 - fundal height
 - fetal heart rate
- Investigations: Urinalysis and Hb
- **Patient education** and counseling as relevant

2nd ANC visit

- 16-24 weeks
- midwife
- clinical review to include
 - BP
 - ankle swelling
 - fundal height
 - fetal heart rate
- Investigations: Urinalysis and Hb
- **Patient education** and counseling as relevant

ANC visits 3, 4 and 5 as per low risk protocol

EXCEPT

Additional **'high risk visits'** at **32 and 36 weeks**

To be conducted by **midwife** with low threshold for Dr review

See Triggers for Dr Review

41+ week visit if patient not yet delivered

TREAT AS 'HIGH RISK' IF COMPLICATIONS OCCUR

3rd ANC visit

clinical review	Investigations
- BP	- Urinalysis
- ankle swelling	- Hb
- fundal height	
- fetal HR	

- 28-30 weeks

- midwife

4th ANC visit

clinical review	Investigations
- BP	- Urinalysis
- ankle swelling	- Hb
- fundal height	Patient education
- fetal heart rate	- !danger signs! labour

- 34 weeks

- midwife

5th ANC visit

clinical review	Investigations
- BP	- Urinalysis
- ankle swelling	- Hb
- fundal height	Patient education
- fetal HR	- !danger signs!

- 38 weeks

- **Doctor** and midwife

Clinic based delivery