



Monthly clinical report

August-2016

Project Area: Juri Upazila, MoulviBazar, Bangladesh

1. Introduction

At the beginning of the month there were 100 clients in our register and by the end of the month, this number decreased to 97. This is because 3 patients who were enrolled in September did not turn up on their appointment day. Please see below an at a glance summary of the progress of the key clinical work in July:

Clinical work	Planned	achieved	comments
Total clients for service	100	97	Slightly less as patient did not turn up due to bad weather
New clients admission	09	05	Patient did not turn up due to bad weather
Antenatal care	57	52	Slightly less than planned due to bad weather
EDD follow-up	269	92	More time spend on delivery as 4 early delivery taken place
Medical test	-	68	As per doctors advise
Health Education session	-	30	As per need
Delivery conducted	15	19	10 delivery taken place at clients home, 8 were at Abdul Aziz Clinic including 1 Caesarean and 1 Caesarean at Sylhet Osmani Medical College Hospital
Postnatal care visit	14	18	More post natal visit due to need arises
Clients discharged	11	11	As per target plan

2. New clients' admission

5 new clients were enrolled, 3 did not turn up during enrolment day. They were from all over Juri Upazila.

3. Antenatal Care

We provided 52 Antenatal care sessions. Of the 52, for 05 clients it was their first such session, the second such session for 12 clients, the third for 15 clients and the fourth and fifth for 20 clients respectively. During these visits, we checked the weight of each client, their BP, their Hb levels, their Urine Sugar & Albumin levels, their Oedema levels, their Fundal Height, the Fetal Position, the Fetal Heart Rate and the Fetal Movement Felt.

4. Clinical tests

We arranged 21 clinical tests for our clients as per the instructions of our doctors and Proshanti's guidelines; of these, 6 were routine tests and 15 were Ultrasonography tests.

5. Delivery conducted

We conducted 19 deliveries, of which 10 were at clients' homes, 8 were at the Abdul Aziz Medical Centre (AAMC) and one at the Sylhet Osmani Medical College hospital. One of the Abdul Aziz children needed Caesarian and one other had to go to Sylhet Osmani for Caesarian. There were 12 boys and 7 girls. One newborn baby died during their transfer to Sylhet medical college hospital 48 hours after delivery. Please see section 9 for details.

6. Postnatal Care

We provided 18 postnatal care visits, of which 13 were the first postnatal visits for the mother and the remainder was the second postnatal visit. During the Postnatal Care visits, midwives conducted thorough physical examinations of both mother and baby and observed child growth. They also offered counselling to mothers on different issues, such as postpartum nutrition, cleanliness, the importance of liquid meals and the importance of exclusive & long breast feeding, systems and rules of breast feeding, infant and young child feeding, child vaccination, postpartum family planning etcetera.

7. Health Education

We arranged 30 health education sessions for 90 participants. The topics of the health education sessions included: nutrition during pregnancy, type of food, amount of food, personal cleanliness, rest, danger sign, bath planning, vegetable process and cooking system, breast feeding, new-born baby care, importance of antenatal and postnatal care etc.

8. Client discharge

In July, 11 clients were discharged from our clients list after completion of 6 weeks of postnatal care.

9. Significant issues

Rita Rani Biswas had a history of immature delivery. Her first delivery was at 28 weeks, and her son (who is now 3 years old) is still very weak. Since Rita's enrolment with Proshanti, our midwife provided two antenatal care visits and provided supplementary food support for four months until she delivered at 28 weeks on 13 August 2016. On 13 August, Rita called one of our midwives to visit her as she felt unwell. During this visit, Rita felt pain, and was actually able to deliver a boy normally. The new born baby's weight was only 1.5kg, so our midwife then took the mother and the newborn baby to Abdul Aziz Medical Centre. After 12 hours of observation at the AAMC, the doctors of AAMC referred the patient to Sylhet Medical College hospital. When the patient was at the hospital, after removing the oxygen mask, the baby died after few minutes. Rita is still in our care as she is still feeling unwell. We are providing post natal care to her as well as supplementary food support as she comes from a poor family and she is physically very weak.