



Monthly clinical report

September -2016

Project Area: Juri Upazila, MoulviBazar, Bangladesh

1. Introduction

At the beginning of the month, there were 97 clients in our register and by the end of the month, this number increased to 98. In September, there was a one week Government Holiday due to Eid-UL-Azha and one of our midwives took 7 days' Annual Leave for her marriage ceremony. Please see below an at a glance summary of the progress of key clinical objectives in September 2016:

Clinical work	Planned	achieved	Comments
Total clients for service	98	98	As planned
New clients admission	16	19	More than planned enrolled due to critical condition of some poor patients
Antenatal care	58	55	Slightly less than planned due to bad weather some patient did not turn up
EDD follow-up	158	67	More time spend on distributing iron and calcium tablets to 98 and 51 patients.
Medical test	-	121	As per doctors' advice
Health Education session	-	37	As per need
Delivery conducted	16	17	One Caesarean took place at Sylhet Osmani Medical College Hospital (OMCH). One normal delivery occurred at OMCH and two normal deliveries occurred at Abdul Aziz Medical Centre. The rest were normal deliveries at their homes with the help of our midwives.
Postnatal care visit	23	30	More post natal visits as required
Clients discharged	18	15	3 clients did not turn up as they moved to another area.

2. New clients' admission

19 new clients were enrolled. They were from all over Juri Upazila.

3. Antenatal Care

We provided 55 Antenatal care sessions. Of the 55, for 19 clients it was their first such session, the second such session for 11 clients, the third for 09 clients and the fourth and fifth for 11 and 05 clients respectively. During these visits, we checked the weight of each client, their BP, their HB levels, their Urine Sugar & Albumin levels, their Oedema levels, their Fundal Height, the Fetal Position, the Fetal Heart Rate and the Fetal Movement Felt.

4. Clinical tests

We arranged 119 clinical tests for our clients as per the instructions of our doctors and Proshanti's guidelines, of which 88 were routine tests and 31 were Ultrasonography tests.

5. Delivery conducted

We conducted 17 deliveries, of which 13 were at clients' homes, 2 normal deliveries were at the Abdul Aziz Clinic (AAMC) and two were at the Osmany Medical College Hospital. Among these at OMCH one needed Caesarean support and one normal delivery. There were 4 boys and 13 girls.

6. Postnatal Care

We provided 30 postnatal care visits, of which 16 were the first postnatal visits and the second postnatal visits for the remainder. During the Postnatal Care visits, midwives conducted thorough physical examinations of both mother and baby and observed child growth. They also offered counselling to mothers on different issues, such as postpartum nutrition, cleanliness, the importance of liquid meals and the importance of exclusive & long breast feeding, systems and rules of breast feeding, infant and young child feeding, child vaccination, postpartum family planning etcetera.

7. Health Education

We arranged 37 health education sessions for 107 participants. The topic of the health education sessions were: nutrition during pregnancy, type of food, amount of food, personal cleanliness, rest, danger sign, bath planning, vegetable process and cooking system, breast feeding, new-born baby care, importance of antenatal and postnatal care etc.

8. Client discharge

In September, 15 clients were discharged from our clients list after completion of 6 weeks of postnatal care.

9. Significant issues

There were some critical patients to manage in September. One particular case was of Lovely, who enrolled with Proshanti in February 2016. She received regular antenatal care, as well as an additional 3 visits by doctors due to her complaints. Doctors advised for Ultrasonography and prescribed medicine. During her EDD, because of her continuous pain, we referred her to Osmany Medical College Hospital. Doctors advised her for C-section, which was successfully carried out on 26 September. She had delivered baby boy but needed support for medical prescriptions. Proshanti supported all her medicine and transport costs, which was approximately £120. She has now returned to her home, and mother and baby are in good health.