



## Monthly clinical report

October -2016

Project Area: Juri Upazila, MoulviBazar, Bangladesh

### 1. Introduction

At the beginning of the month, there were 98 clients in our register and there were 95 by the end of the month. In October, there were two days of Government Holiday due to Moharrom and Durga puja. In addition, one of our midwives took 3 days' Annual Leave. Please see an at a glance summary of the progress of key clinical objectives in September 2016 below:

| Clinical work             | Planned | achieved | Comments   |
|---------------------------|---------|----------|--|
| Total clients for service | 98      | 95       | Slightly less client enrolled due to managing unexpected deliveries.   |
| New clients admission     | 25      | 20       | Fewer patients admitted due to managing several unexpected deliveries in October which were planned for November.  |
| Antenatal care            | 35      | 56       | Higher antenatal care provided as need arised  |
| EDD follow-up             | 114     | 108      | Fewer EDD follow up while more antenatal care was provided   |
| Medical test              |         | 117      | As per doctors' advice   |
| Health Education session  |         | 42       | As per need  |
| Delivery conducted        | 10      | 13       | One Caesarean and three normal deliveries took place at Abdul Aziz Medical Centre. The rest were normal deliveries at their homes with the help of our midwives. |
| Postnatal care visit      | 31      | 33       | Slightly more post-natal visits carried as per clients need  |
| Clients discharged        | 26      | 24       | 2 clients did not turn up on the planned discharge day.  |

### 2. New clients' admission

20 new clients were enrolled. They were from all over Juri Upazila.

### 3. Antenatal Care

We provided 56 Antenatal care sessions. Of the 56, for 20 clients it was their first such session, the second such session for 8 clients, the third for 12 clients and the fourth and fifth for 11 and 05 clients respectively. During these visits, we checked the weight of each client, their BP, their HB levels, their Urine Sugar & Albumin levels, their Oedema levels, their Fundal Height, the Fetal Position, the Fetal Heart Rate and the Fetal Movement Felt.

### 4. Clinical tests

We arranged 117 clinical tests for our clients as per the instructions of our doctors and Proshanti's guidelines, of which 84 were routine blood and urine tests and 33 were Ultrasonography tests.

## **5. Delivery conducted**

We conducted 13 deliveries, of which 9 were at clients' homes, 4 were at the Abdul Aziz Clinic (AAMC); amongst these, one required Caesarean support and three normal deliveries. There were 7 boys and 6 girls.

## **6. Postnatal Care**

We provided 33 postnatal care visits, of which 9 were the first postnatal visits and the second postnatal visits for the remaining 24. During the Postnatal Care visits, midwives conducted thorough physical examinations of both mother and baby and observed child growth. They also offered counselling to mothers on different issues, such as postpartum nutrition, cleanliness, the importance of liquid meals and the importance of exclusive & long breast feeding, systems and rules of breast feeding, infant and young child feeding, child vaccination, postpartum family planning etcetera.

## **7. Health Education**

We arranged 42 health education sessions for 107 participants. The topic of the health education sessions were: nutrition during pregnancy, type of food, amount of food, personal cleanliness, rest, danger sign, bath planning, vegetable process and cooking system, breast feeding, new-born baby care, importance of antenatal and postnatal care etc.

## **8. Client discharge**

In October, 24 clients were discharged from our clients list after completion of 6 weeks of postnatal care.

## **9. UK Proshanti Trustee visit**

We had a visitor from UK who spent 3<sup>rd</sup> and 4<sup>th</sup> October with our staff in addition to an internal auditor from Prottoy. Both visitors advised staff about improving the quality of services.

## **10. Temporary appointment of a Project Officer/Outreach worker**

A temporary Project Officer/Outreach worker was recruited from the local community. He joined the Proshanti project in Juri on 15 October 2016 on a 3 months trial. His job will be confirmed by the management after reviewing his trial period performance.

## **11. Significant issues**

One of our patients, Momota Rani, was referred by our midwife to AA Medical Centre when she was experiencing continuous delivery pain. When Momota conducted the normal delivery of the baby boy at the AA Medical Centre, the placenta was not fully cleared. She was urgently referred to Sylhet Osmani Medical College Hospital and needed 3 bags of blood. As the patient could not arrange the blood from the local blood bank, she had to buy it for tk 7,500 (equivalent of £75). After this was done, her placenta was removed successfully; currently, mother and baby are well. During delivery, Proshanti paid tk 3000 towards blood costs in addition to ambulance costs of tk 3000 and medicine costs.