



Proshanti UK Monthly Field Activity Report

Reported by: Md. Golam Sarwar
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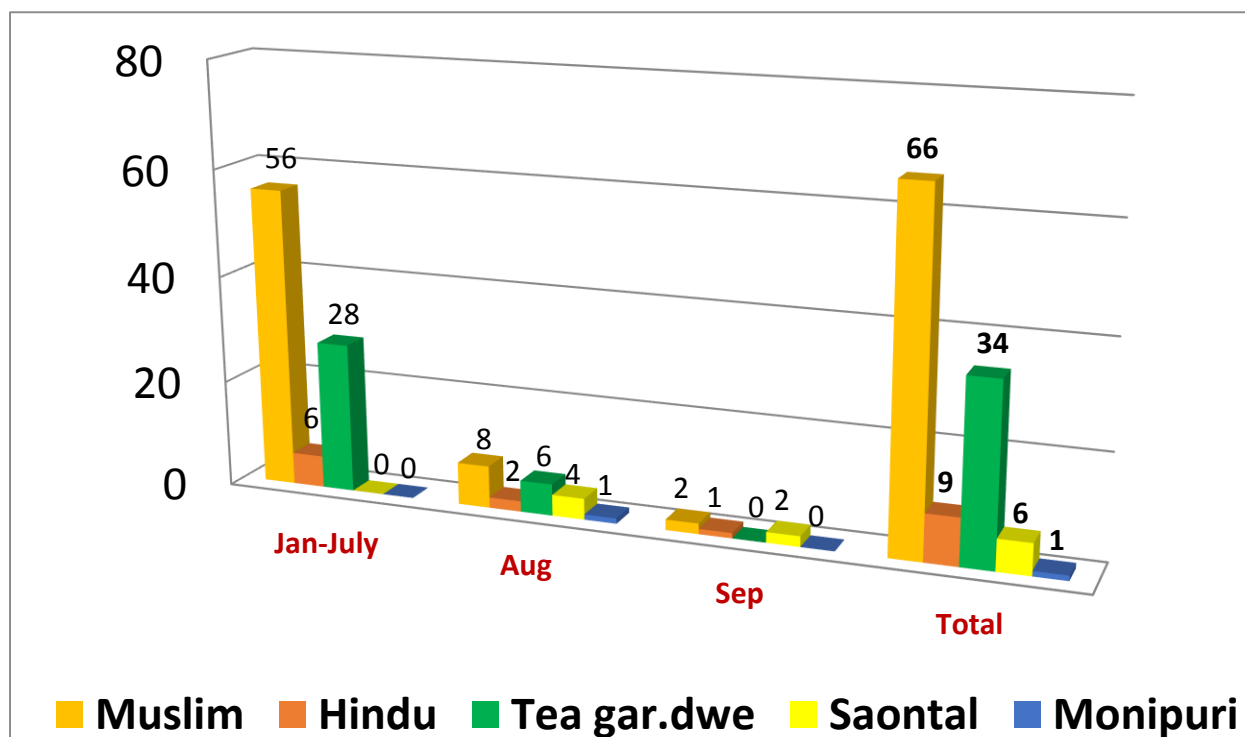
Month: September 2015
Date of submission: 20/10/2015

Patient statistics / turnover:

Health is a fundamental right for all citizens but all the indicators of maternal and neonatal health of Sylhet Division doesn't match with the national stats; especially of safe delivery. For instance "ANC receiving ratio nationally 60%; in Sylhet it is 47%; home delivery by TBA* - nationally 85%; Sylhet is 91%; delivery with skilled birth attendance nationally 18% & Sylhet - 11% (Source BDHS-2011**), but the real maternal and neonatal health scenario of Juri Upazila is much worse than the whole of Sylhet Division. In this situation we are trying to ensure our contribution to achieve MDG goal 4 and 5. Therefore from the very beginning of this project Proshanti focused on quality of care at ANC & PNC, client counselling & monitoring, health education, strong EDD follow-up, safe delivery and discourage TBA delivery. In July we have started new client enrolment under UWT (Ummah Welfare Trust) funding that continued this month as well. Present client statuses are given below.

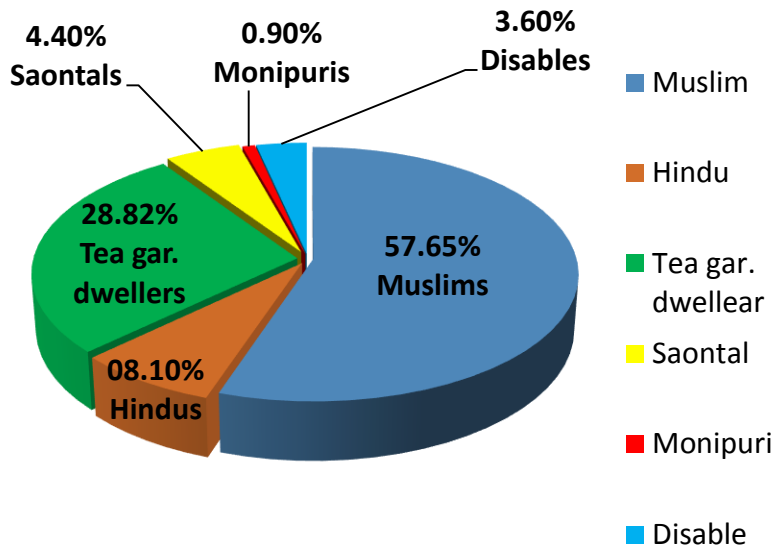
No. of old clients	New Enrolled	Drop Outs	Total delivered in Sep	Present Clients Stats
111	05	06	61	55

Client enrollment status Jan - Sep, 2015



We tried to enrol new clients from 6 unions of Juri Upazila strictly following Proshanti client selection guideline to avoid drop out but emphasis was given on minority groups like, tea garden dwellers, Hindus, Saontals and Monipuris. We did not get enough response from Fultalla and Sagarnal unions due to long distance and difficult communication. In September month we enrolled 2 Muslim, 2 Saontals, and 1 Hindu client from Jayfornagar, Goalbari and Pacshim Juri union.

Percentage of client enrolment between Jan - Sep, 2015



The biggest population in Juri –are the Muslims and minorities groups are Hindus, Saontals, Monipuris and tea garden labors but the socio economic condition of Monipuris are much better than Saontals and tea garden labors. The Saontals and tea garden labors have little or less access to food, shelter, health and education. We ensured all Proshanti's service for all Saontals and Monipuris like supplement food pack, transport cost, better medicine etc.

Muslim-64, Hindu-09, Tea garden dwellers- 33, Saontals-06, Monipuris-01 & Disables-04

A.N.C Coverage in September, 2015

ANC-1	ANC-2	ANC-3	ANC-4+	Total ANC
05	13	05	12	35

We are committed to ensure quality of ANC that's why we ensured weekly checking of equipment and randomly cross checking is going on of clinical tests and medicines. We have ensured urine sugar and albumin tests & records of every client on every ANC. This month we ensured 22 routine checks & rechecked 3 Hb% and 10 USG P/P clients out of 35 ANC. We have established one to one counselling on every ANC and quick referral.



A Health Education session facilitated by Aporna Rudra Pul (MidWife)

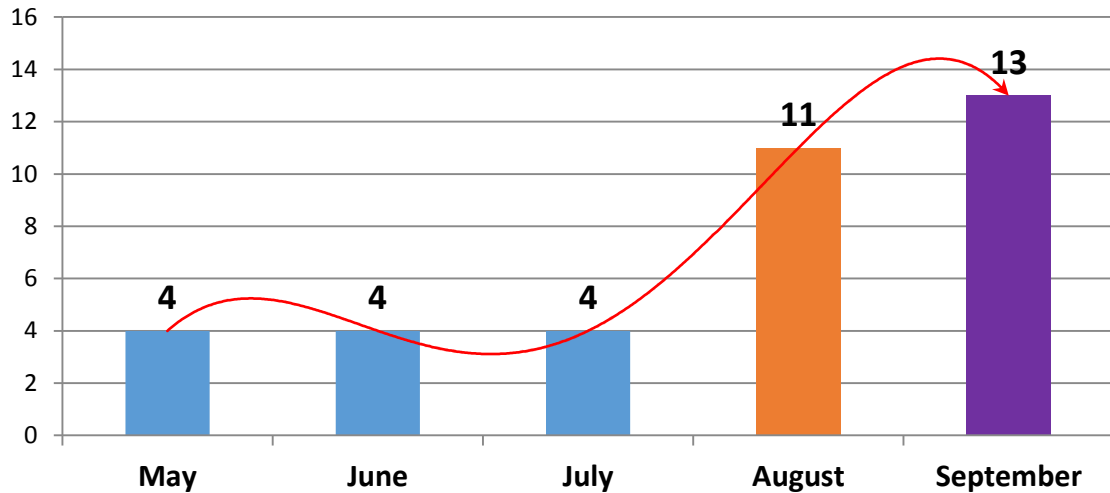
Knowledge is the best power and it can change everything easily therefore we are trying to build awareness of our clients on different issues within the health educations. The clients are from the grassroots level and they believe in deep social prejudice and involved in practices. Clients and their relatives attended this particular awareness sessions conducted by our Nurse / Midwife. We think these sessions are helping us to discourage TBA delivery.

Bojesshori Devi a new enrolled Monipori mother said 'this is my second issue but I did not know the lifestyle during pregnancy before that but now I know a lot about my care and I like Proshanti's services very much.'

Early Childhood development status from the pregnancy and it mostly depends on availability of food and quality of ANC. Nutrition is the most important issue during pregnancy it is also an indicator of quality of care we provide. The supplementary food pack grew up mothers' self-confidence and make them tension free about their necessary nutrition. In September we provided nutritional support to 13 malnourished mothers in the form of food package. They are (i) Rita Suvakar (PS-33), (ii) Mira Rabidas (PS-71), (iii) Lovely Uria (PS-72), (iv) Santana Layak (UWT-2), (v) Shagori Rikhmon (UWT-08), (vi) Brishti Suvakar (UWT-12), (vii) Sritee Saontal (UWT-18), (viii) Nomita Saontal (UWT-19), (ix) Sholochana Saontal (UWT-20), (x) Baly Akther (UWT-29), (xi) Pinki Pul (UWT-31), (xii) Tosumoni Saontal (UWT-32) and (xiii) Ponoti Uria (UWT-33). In September we carefully observed their change like weight, B.P, Hb%, fundal height, sickness & weakness ratio, etc and their smiling face showed their inner happiness. Additional nutrition would help the growth of the upcoming child. We are also guiding the clients and their

family members on how to make proper use of the nutrition supplement.

Growth of Food Distribution May - September 2015



Tosumoni Saontal (UWT-32) came with her husband to receive ANC and supplement food pack for the first time. Her smiling face showed her inner happiness. After getting all the services, she said, 'It is beyond my expectation, this food makes me tension-free now. I am feeling proud as a woman.'

In August, we added Vitamin A fortified soybean oil and iodine-enriched salt to the food pack. Each food pack contains: (i) Flour (white) = 5 kg, (ii) Pulse (yellow) = 2.5 kg, (iii) Vitamin A fortified soybean oil = 0.5 L.T, and (iv) Iodine-enriched salt = 0.5 kg.

In September, we allocated transport fare for six clients: (i) Sritee Saontal (UWT-18), (ii) Nomita Saontal (UWT-19), (iii) Sholochana Saontal (UWT-20), (iv) Rita Suvakar (PS-33), (v) Tosumoni Saontal (UWT-32), and (vi) Ponoti Uria (UWT-33) to ensure ANC is timely.

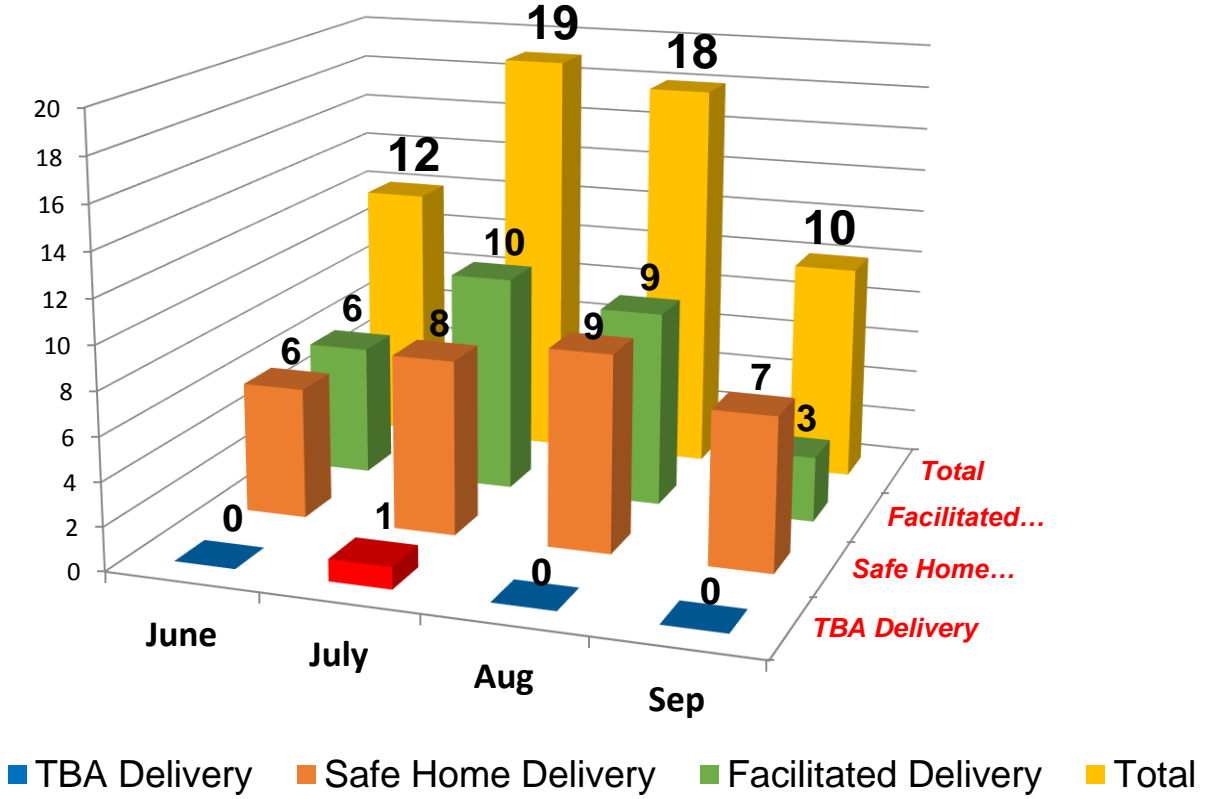
Delivery Conducted

Month	LUCS	Facilitated Delivery	Safe Home Delivery	TBA	Total	Remarks
July-2015	00	10	08	01	19	Mus-12, TG-05, Hin-02
Aug-2015	02	07	09	00	18	Mus-11, TG-05, Hin-02
Sep-2015	01	02	07	00	10	Mus-07, TG-01, Hin-01

It is a big challenge to eliminate TBA delivery, but we are committed to bring it down as much as possible to avoid any undue accident. Although the clients believe in deep social prejudice, family barrier, religious barrier, and lack of education, as an action, we tried to grow up client awareness during ANC and established a strong client monitoring system, one-to-one communication & relationship between Proshanti

and its clients in order to overcome this huge challenge. We can now claim that we have managed to reduce TBA delivery 'zero' since March 2015 within our own clinal.

Delivery status of Jun - Sep, 2015



P.N.C Service September, 2015				
<i>P.N.C-1</i>	<i>P.N.C-2</i>	<i>P.N.C-3+</i>	Total	<i>Remarks</i>
10	06	06	22	

We are trying to ensure a more focused PNC visit at home with the aim to monitor that the mothers are taking proper nutrition that helps her incoming child. During PNC visits midwives are counselling mothers on different issues like postpartum nutrition, importance of exclusive breast feeding, system and rules of breast feeding, infant and young child feeding, child vaccination, postpartum family planning etc. As a result of PNC visits one mother took Family Planning method in September for ensuring postpartum health. In August we have been able to ensure 100% postpartum IFA and vitamin 'A'.

Clinical issues:

In September we have changed decision about USG and all USG continuing at AAMC by Dr. Israt Jahan. This month 22 clinical test has been done by AAMC. Within these tests 10 were routine tests and 10 USG tests. We nagged to ensure proper & quality medication as per prescriptions for our clients this month. Randomly clients' medicine packets were cross checked to ensure that no foul play was done by any party. We shall continue to do this every month.

Critical case report:

This month we have successfully managed 2 high risk clients, Khadija Begum (20) PS-60, delivered a live male baby, Anjona Rani Das (28) PS-53 and one other critical client. Happy Begum (20) PS-40 who did not feel labour pain as per her E.D.D. However after necessary checkups Dr. K. Zaman referred the clients for L.U.C.S and all delivered live male babies. All babies and mothers were given proper treatment and now they are keeping well. In September we referred and managed 16 critical new-born successfully.

Staff issues:

In September Aporna Rudra Pal and Joni Das conduct 6 home deliveries successfully and ensured proper documentation. Both of them are now capable enough to ensure quality of ANC, delivery and PNC up to the Proshanti standard guidelines and earned clients trust. As a result we are experiencing increased client flow every day.

We are continuing weekly sharing and coaching to enhance and establish working knowledge to improving quality of work of our staff. Documentation & knowledge cross-checking, on job training, coaching and mentoring are going on to develop the skills.



Aparna Rudra Pal is providing ANC to a Client.

Networking: UHC/UNO/NGOs:

Networking and coordination with different stakeholders are going on especially with the Local Government. This month we provided monthly progress reports to the UH&FPO, UFPO, UNO and DC Office.

AAMC:

We are continuing daily sharing with AAMC in every service related issues and a friendly working environment is prevailing between AAMC and Proshanti UK.

Problems encountered:

- Dr. K. Zaman shifted his chamber from AAMC but has always given priority to our clients as usual.
- Client's tendency to hid primary information to get admission under this project is all difficult.
- Client's lack of access to a mobile phone has been a big hindrance for smooth communication.

Overall management concerns:

- Immediately arrange health card for client.
- Immediately arrange a good camera.
- Need a Multimedia or a Monitor.
- Need a Motorcycle.

Any other issues:

Our well-wisher **APEX Club of Hakaluki View, Juri** is a local voluntary social organization and involved with different social activities. This organization support & promote Proshanti's activities strongly and built a strong relationship day by day. APEX Club also offered partial assistance towards our food supplementary project for September, 2015.