



Proshanti UK Monthly Field Activity Report

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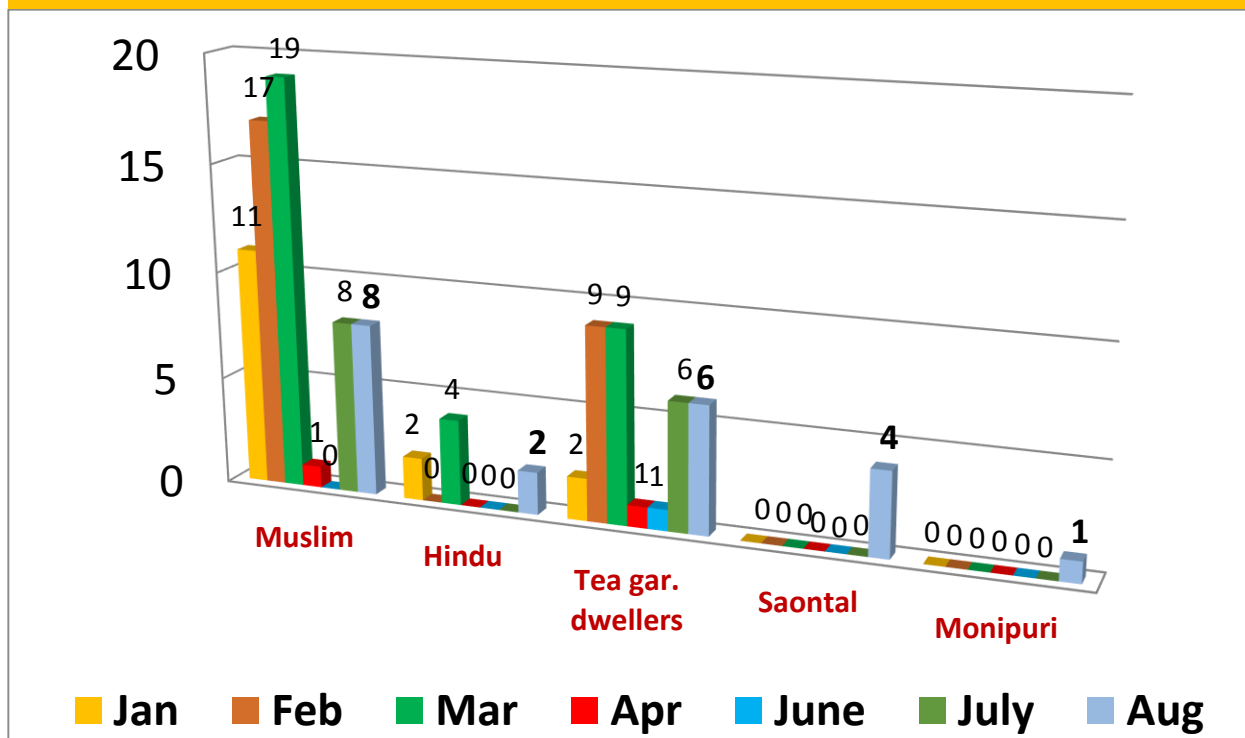
Month: Aug 2015
Date of submission: 12/09/2015

Patient statistics / turnover:

Juri Upazila is situated in Moulovibazaar district of Sylhet Division. It started functioning from 26th August 2004 with 6 Unions; 4 unions from Kulaura upazila and 2 unions from adjoining Barlekha upazila. Total area of this upazila is 222.91 Sq km. with 141 villages and, 24291 households. Total Population of this upazila is 150869. (GR-2%). The main river of this upazila is Juri River. The Fultola is the most remote of all unions which is about 20 km far from the upazila head quarter. The biggest reservoir (Haor) of Bangladesh "The Hakaluki Haor", 13 tea gardens, many low raised hills and reserve forests are providing diversity and beauty of this upazila. Demographically Juri is versatile with different religious and ethnic groups including small tribes like Saontal and Monipuri. Thousands of labourers are working in tea gardens. They are economically very disadvantaged and their education and health status is extremely poor as well. Therefore from the very beginning of this project Proshanti focused on quality of care at ANC & PNC, client counselling & monitoring, health education, strong EDD follow-up, safe delivery and discourage TBA delivery. In July we have started new client enrolment under UWT (Ummah Welfare Trust) funding that continued this month as well. Present client statuses are given below.

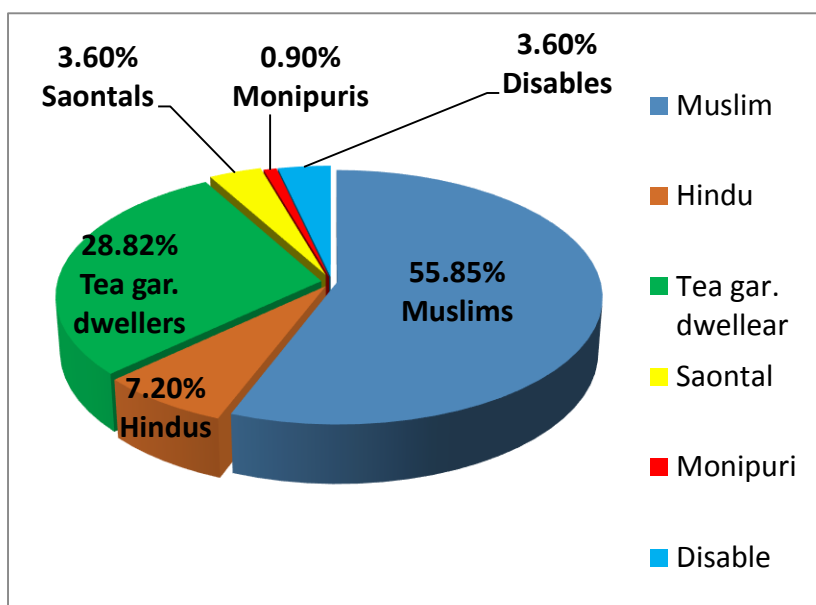
No. of old clients	New Enrolled	Drop Outs	Total delivered in July	Present Clients Stats
90	21	06	51	60

Client enrollment status Jan - Aug, 2015



We tried to enrol new clients from 6 unions of Juri Upazila strictly following Proshanti client selection guideline to avoid drop out but emphasis was given on minority groups like, tea garden dwellers, Hindus, Saontals and Monipuris. We did not get enough response from Fultalla and Sagarnal unions due to long distance and difficult communication. In August month we enrolled 6 tea garden dweller, 4 Saontals, 1 Monipuri and 3 disable clients from Jayformagar, Goalbari and Pacshim juri union.

Percentage of client enrolment between Jan - Aug, 2015



The biggest population in Juri –are the Muslims and minorities groups are Hindus, Saontals, Monipuris and tea garden labors but the socio economic condition of Monipuris are much better than Saontals and tea garden labors. The Saontals and tea garden labors little or less access to food, shelter, health and education. This month we visited the Monipuri and Saontal community and meet their leaders and encourage them to obtain Proshanti's service.

Muslim-62, Hindu-08, Tea garden dwellers- 34, Saontals-04, Monipuris-01 & Disables-04

A.N.C Coverage in Aug, 2015

ANC-1	ANC-2	ANC-3	ANC-4+	Total ANC
21	07	02	21	51

We are committed to ensure quality of ANC that's why we ensured weekly checking of equipment and randomly cross checking is going on of clinical tests and medicines. We have ensured urine sugar and albumin tests & records of every client on every ANC. This month we ensured 51 routine checks & rechecked Hb% of 3 clients out of 31 ANC. We established one to one counselling on every ANC and quick referral.



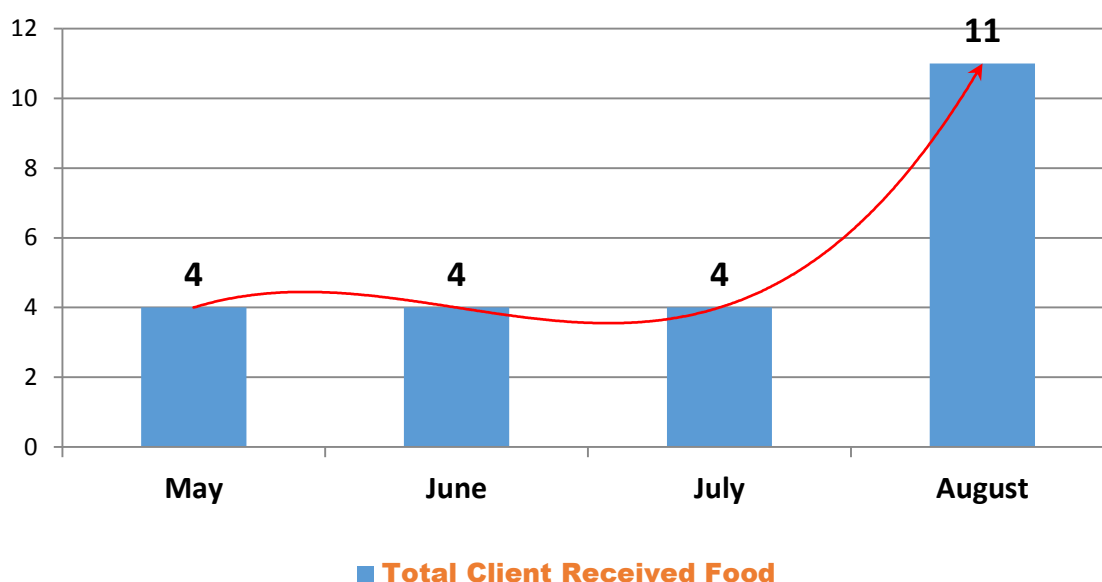
Participants of Health Session

Knowledge is the best power and it can change everything easily therefore we are trying to build awareness of our clients on different issues within the health educations. The clients are from the grassroots level and they believe in deep social prejudice and involved in practices. Clients and their relatives attended this particular awareness sessions conducted by our Nurse / Midwife. We think these sessions are helping us to discourage TBA delivery.

Health education is an important part of ANC so we organize health education sessions on every ANC. It is an effort to develop life skills of the pregnant mothers. This session is held every day after the completion of clinical tests.

An English proverb says "eat healthy, think better". Healthy food is for healthy mind but it mostly depends on availability of food. Nutrition is the most important issue during parancey it is also an indicator of quality of care we provide. The supplementary food pack grew up mothers' self-confidence and make them tension free about their necessary nutrition. This month we provided nutirional support to eleven malnourished clients in the form of food package. They are (i) Rita Suvakar (PS-33), (ii) Mira Rabidas (PS-71), (iii) Lovely Uriea (PS-72), (iv) Santana Layak (UWT-2), (V) Shagori Rikhmon (UWT-08), (Vi) Brishti Suvakar (UWT-12), (vii) Sritee Saontal (UWT-18), (viii) Nomita Santal (UWT-19), (ix) Sholochana Saontal (UWT-20), (x) Baly Akther (UWT- 29), (xi) Pinki Pul (UWT-31). In August we carefully observed their change like weight, B.P, Hb%, fundal height, sickness & weakness ratio, etc and their smiling face showed their inner happiness. Additional nutrition would help the growth of the upcoming child. We are also guiding the clients and their family members on how to make proper use of the nutrition supplement.

Food Distribution May - August 2015



Lovely Uriea PS-72 is receiving nutrition supplement

This month we have added Vitamin A fortified soybean oil and iodine enriched salt to the food pack. Each food pack contains; (i) Flour (white) = 5 kg. (ii) Pulse (yellow) = 2.5 kg (iii) Vitamin A fortified soybean oil = 0.5 L.T and (iv) Iodine enriched salt = 0.5 kg.



Representatives of AAMC, Apex club & Proshanti UK

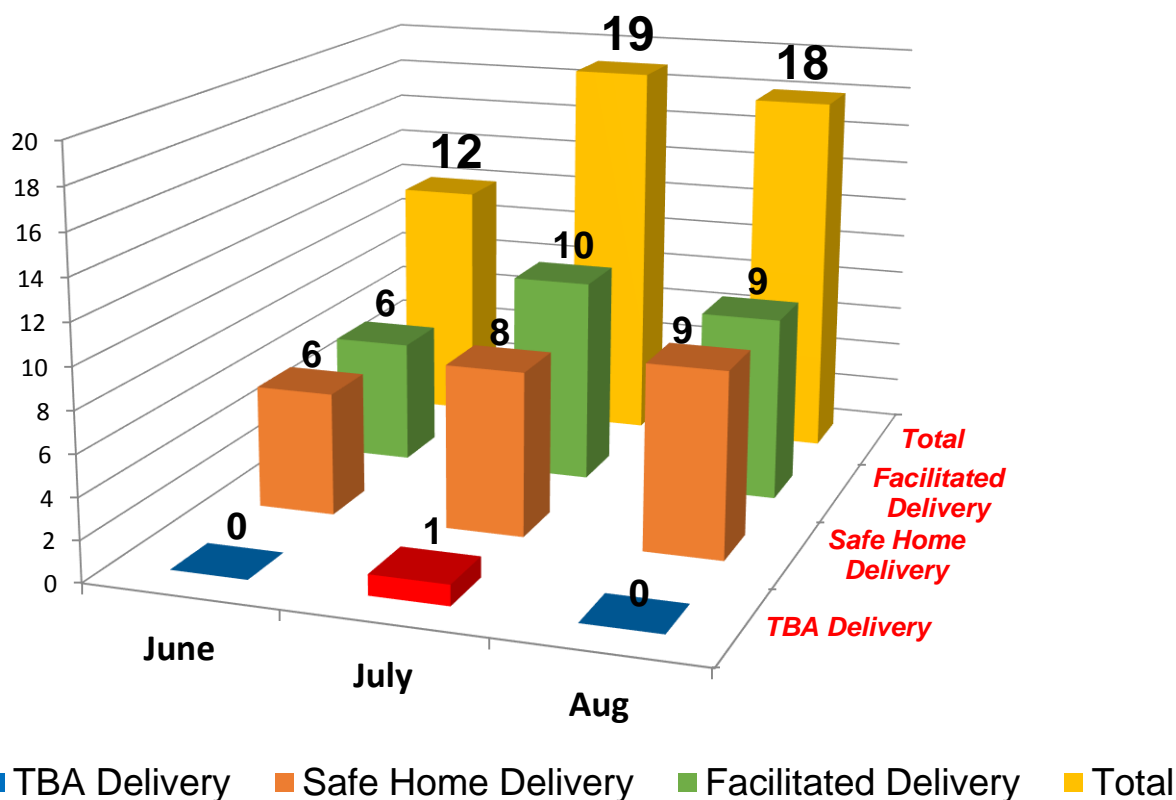
This month we have allocated transport fare for four clients of (i) Sritee Saontal (UWT-18), (ii) Nomita Santal (UWT-19), (iii) Sholochana Saontal (UWT-20) and (iv) Rita Suvakar (PS-33) for ensuring ANC timely.

Pinki Pul (UWT-31), is one of our new clients said "after my marriage I heard about Proshanti UK but did not think it my imagination that I can get clinical test, precious advice, medicines and also the best quality food for my upcoming baby, Proshanti makes my life easy"

Month	Delivery Conducted				Total	Remarks
	LUCS	Facilitated Delivery	Safe Home Delivery	TBA		
June-2015	01	06	06	00	12	Muslim 06, Hindu 06
July-2015	00	10	08	01	19	Mus-12, TG-05, Hin-02
Aug- 2015	02	07	09	00	18	Mus-11, TG-05, Hin-02

It is a big challenge to eliminate TBA delivery but we are committed to bring it down as much as possible to avoid any undue accident although the clients believe in deep social prejudice, family barrier, religious barrier and lack of education. As an action we tried to grow up client awareness during ANC and established a strong client monitoring system, one to one communication & relationship between Proshanti and its clients in order to overcome this huge challenge. We can now claim that we have managed to reduce TBA delivery 'zero' since March 2015 within our own cliental.

Delivery status of Jun - Aug, 2015



P.N.C Service Aug, 2015				
P.N.C-1	P.N.C-2	P.N.C-3+	Total	Remarks
13	10	00	23	

We are trying to ensure a more focused PNC visit at home with the aim to monitor that the mothers are taking proper nutrition that helps her incoming child. During PNC visits midwives are counselling mothers on different issues like postpartum nutrition, importance of exclusive breast feeding, system and rules of breast feeding, infant and young child feeding, child vaccination, postpartum family planning etc. As a result of PNC visits one mother took Family Planning method in August for ensuring postpartum health. In August we have been able to ensure 100% postpartum IFA and vitamin 'A'.

Clinical issues:

This month 43 clinical test has been done by AAMC and Janasheba Diagnostic Centre. Within these tests 25 were HB% and 18 USG tests. We nagged to ensure proper & quality medication as per prescriptions for our clients this month. Randomly clients' medicine packets were cross checked to ensure that no foul play was done by the any party. We shall continue to do this every month.

Critical case report:



Salma Begum

This month we have successfully managed one high risk client, Asmin Begum – (PS-39), delivered a live female baby and two other critical clients, Salma Begum - (PS-28) & Rita Suvakar - (PS-33), who did not feel labour pain as per their E.D.D. However after necessary checkups Dr. K. Zaman referred the clients for L.U.C.S both of them delivered live male babies. A third critical client Santona Layak - (UWT-02), delivered a premature live female baby of 33 weeks. All babies and mothers were given proper treatment and now they are keeping well.



Rita Suvakar

Staff issues:

This month Aporna Rudra Pal and Joni Das conduct 9 home deliveries successfully and ensured proper documentation. Both of them are now capable enough to ensure quality of ANC, Delivery and PNC up to the Proshanti standard guidelines and earned clients trust. As a result we are experiencing increased client flow everyday.

We are continuing weekly sharing and coaching to enhance and establish working knowledge to improving quality of work of our staff. Documentation & knowledge cross-checking, on job training, coaching and mentoring are going on to develop the skills.



Aparna Rudra Pal is providing ANC to Client.

Networking: UHC/UNO/NGOs:

Networking and coordination with different stakeholders are going on especially with the Local Government. This month we provided monthly progress reports to the UH&FPO, UFPO, UNO and DC Office.

AAMC:

We are continuing daily sharing with AAMC in every service related issues and a friendly working environment is prevailing between AAMC and Proshanti UK.

Problems encountered:

- Dr. K. Zaman shifted his chamber from AAMC but has always given priority to our clients as usual.
- Client's tendency to hid primary information to get admission under this project is all difficult.
- Client's lack of access to a mobile phone has been a big hindrance for smooth communication.

Overall management concerns:

- Immediately arrange health card for client.
- Immediately arrange a good camera.
- Need a Multimedia or a Monitor.
- Need a Motorcycle.

Any other issues:

Our well-wisher **APEX Club of Hakaluki View, Juri** is a local voluntary social organization and involved with different social activities. This organization support & promote Proshanti's activities strongly and built a strong relationship day by day. APEX Club also offered partial assistance towards our food supplementary project for August, 2015.

Last month Lovely Uriea - (PS-72), Husband: Khakun Uriea, Village: Shillghat tea garden, Union: Pacshim juri, Upazila: Juri delivered a premature female baby at A.A.M.C and we arranged necessary medication without any delay and saved baby and mother's lives. Her husband is tea garden worker and earns only 69'00 taka (50p) per day. They lead their life hand to mouth. After delivery both mother and baby suffered from malnutrition and we took quick decisions for her supplementary food and this support will continue for the next two months. Lovely said "I am very poor but Porshanti gave me the real test of motherhood."



Lovely Uriea with her baby