

# PROSHANTI



Newsletter Autumn 2014

## VITAL WORK FOR FAMILIES HAPPENING in JURI



Mothers-to-be at a prenatal day in Ruthma Tea Gardens. Over 50 women received a check-up

Life never stands still for our midwives in Bangladesh, as our current volunteer midwife Shayna Daniels has discovered. Shayna has been in Juri since April and will be staying for a year. Her first impressions? " ..Proshanti is a much needed organisation...there are so many women in need of care."

### HAPPY FATHERS' DAY!



It wasn't planned this way but one Juri father got a special Fathers' Day gift - a healthy Proshanti baby boy!



This baby girl one is the daughters of Mitali Rani Paul. The little sticker on her is a Thermospot they were designed for third world countries. It is a little thermometer that sticks on there for a week. The midwives love this low cost technology - they show the parents what do, depending on what colour the spot is. It is very easy to use.

### LATEST PATIENT STATISTICS FROM THE CLINIC

Current patients with us since 2013	20
Number of patients enrolled in 2014	103
Current number of patients	98
Births to September 2014	70



## HELANA'S STORY - News from the front

line. As told by Shayna



IN THE DAYS leading up to the birth of her baby, Helana frequently visited the Proshanti clinic and Aporna and our Staff Nurse, was busier than ever. Helana had given birth three times before but had only seen one live baby. Because of these problems and her very low haemoglobin we decided that she needed to come to the AA Medical Centre to deliver. Thank goodness she did.

The morning finally arrived and Helana made it into the clinic. Her blood pressure was through the roof and she needed a lot of calming down. However, like many women here she is one tough little lady and once she got settled she handled labour very well. The Proshanti staff stayed close by to make sure everything was all right. When it came to pushing it was lovely to be able to let Helana hear her baby's heart beat between contractions so she would know that her baby was fine. Out came a lovely little girl and as pink and perfect as ever. With all of the problems and all of people here, it seems overwhelming to try to make a difference. The moments of proud mothers coming and showing off their babies to us in the months and years following their time with Proshanti makes fixing all the worlds' problems seem possible.

Proshanti UK is a Charity registered in England and Wales number 1137179. It is also a company limited by guarantee no 7108914. Its objects are the relief of sickness and the promotion and preservation of good health, in particular but not exclusively, of people living in the Juri region of Bangladesh, by support and establishment of a healthy living centre or centres.

For more information visit our website (under construction) [www.proshanti.org](http://www.proshanti.org) or telephone our Programme and Fundraising Manager, Masud Siddique.  
Tel 07540 407427

## FUND RAISING NEWS

### The Peter Stebbings

**Memorial Charity** has given Proshanti a grant of £15,780.00 to be used for the costs of running the clinic in Juri. It has enabled us to increase the number of patients we can take on so that we can make a difference to even more families.

Proshanti has also received grants from The Soutar Trust (£2000), UCL Bangla Society for the purchase of an ultrasound machine, Ummah Welfare Trust (£5000) and from Merciful Hands (£3000). This donation was in part for the installation of water pumps in rural areas and so far four have been installed with two more to go.

The East London Lift Company continues to be a very generous donor to Proshanti.

This is good news but of course there is a long way to go to ensure that the Proshanti clinic can carry on providing these services to the poor disadvantaged women of Juri. We would like to open clinics in more rural areas to reach more women who would otherwise receive little or no health care during their pregnancy.

If you know of someone who would like to donate £10 each month by standing order then we can do even more!

Please contact the Proshanti office for a standing order form –  
tel 07540 407 427 or  
email [info@proshanti.org](mailto:info@proshanti.org)